



## Lesson 6 – The Table of Showbread

### Read Exodus 25:23-30

- 1) How does the Bible describe the Table of Showbread?  
**Exodus 25:23** Thou shalt also make a table of shittim wood: \_\_\_\_\_ cubits shall be the length thereof, and a cubit the breadth thereof, and a cubit and a half the height thereof. *(Remember, a cubit is a unit of measurement determined by the distance from your elbow to the tip of your middle finger, usually 18-20 inches)*
- 2) **Exodus 25:24** And thou shalt overlay it with pure \_\_\_\_\_, and make thereto a crown of gold round about.
- 3) **Exodus 25:26-27** And thou shalt make for it four \_\_\_\_\_ of gold and, put the rings in the four corners that are on the four feet thereof. Over against the border shall the rings be for places of the \_\_\_\_\_ to bear the table. *(the rings and staves – carrying poles, made the table portable, just like all of the other items in the Tabernacle, the items were covered and carried by the Levites with the poles when the Tabernacle was broken down and moved to a new location)*
- 4) **Exodus 25:29** And thou shalt make the \_\_\_\_\_ thereof, and spoons thereof, and covers thereof, and bowls thereof, to cover withal: of pure \_\_\_\_\_ shalt thou make them.
- 5) **1 Chronicles 9:32** And other of their brethren, of the sons of the Kohathites, were over the \_\_\_\_\_, to prepare it every sabbath.



On the Sabbath day, the Levites made twelve loaves, or cakes, of unleavened bread. These cakes were placed on the table hot each Sabbath day, arranged in two rows, or piles, six in a row, with pure frankincense on each row. See **Leviticus 24:5,6**

During the entire week, the bread lay on the table. By some translators, it is called **“the bread of the presence.”**



- 6) What did the Priests do with the old bread when the new loaves were brought in on the Sabbath?

**Leviticus 24:9** And it shall be Aaron's and his sons'; and they shall \_\_\_\_\_ it in the holy place: for it is most holy unto him of the offerings of the LORD made by fire by a perpetual statute.

This explains why Ahimelech the priest had no common bread on the Sabbath to give to David, as the priests were accustomed to eating the **“hallowed bread”** on that day. **(1 Samuel 21:4)** It was not lawful to bake common bread upon the Sabbath; the command is very plain that all bread for Sabbath use in the homes should be baked upon the sixth day.

**“This is that which the Lord hath said, To-morrow is the rest of the holy Sabbath unto the Lord: bake that which ye will bake to-day, and seethe (or boil) that ye will seethe; and that which remaineth over lay up for you to be kept until the morning.” (Exodus 16:22,23)** But the Lord directed that the Levites should prepare the showbread every Sabbath. **(1 Chronicles 9:23)**

All the service connected with the table of showbread was done upon the Sabbath. The bread was prepared on the Sabbath, and while hot, was placed upon the table. The following Sabbath it was removed and eaten by the priests on that day.

- 7) What does the author of Hebrews tell us about the life of the priests?

**Hebrews 8:5** Who serve unto the example and \_\_\_\_\_ of heavenly things...

- 8) What does Jesus do for us?

**Hebrews 7:25** Wherefore he is able also to save them to the uttermost that come unto God by him, seeing he ever liveth to make \_\_\_\_\_ for them.

The priests **“served unto the example and shadow of heavenly things;”** therefore there is a heavenly lesson for us in the antitype of the showbread. It was a continual offering, ever before the Lord. It taught that man was wholly dependent upon God for both temporal and spiritual food, and that both alike come to us through the One who **“ever liveth to make intercession” for us before the Father.”**

- 9) What did Jesus say in John 6:51?

I am the living \_\_\_\_\_ which came down from heaven: if any man eat of this bread, he shall live for ever: and the bread that I will give is my flesh, which I will give for the life of the world.

- 10) What did Jesus tell us?

**John 6:53** Then Jesus said unto them, Verily, verily, I say unto you, Except ye eat the flesh of the Son of man, and drink his blood, ye have no \_\_\_\_\_ in you.

**John 14:24** ...the word which ye hear is not mine, but the \_\_\_\_\_ which sent me.



As the bread in the presence of God was taken out from the sanctuary and eaten, so Jesus said, **“The word which ye hear is not Mine, but the Father’s which sent Me.”** The Bible came directly from God. God gave it to Christ, Christ signified it by His angel unto the prophets, and the prophets gave it to the people.

We often read the Bible as a mere form of godliness, or to get something to give to others; but if we would receive its life-giving power into our own souls, we must have it “hot,” warm from heaven. There is no more appropriate time to let God speak to our own souls through His word than on the Sabbath day when we lay aside our worldly cares and business, and take time to study the Holy Word and let it come into our inmost heart until we hear God speak to us, not to another.

The priests were not only to set the hot bread upon the table on the Sabbath day but later that same bread was to be eaten and become a part of their very being. God designed that His people should each Sabbath day gain a fresh experience in divine things, which would make them better fitted to meet the temptations of the week. The soul that never gains a deeper experience on the Sabbath than on any other day, fails to keep the Sabbath as God would have him.

11) What was Ezekiel’s testimony from the Lord?

**Ezekiel 20:12** Moreover also I gave them my \_\_\_\_\_, to be a sign between me and them, that they might know that I am the LORD that sanctify them. (*Sanctify means to make Holy, or set apart for God’s purposes*)

We may have a few minutes of quiet study of the Word on the Sabbath day when we hear the Lord speaking to us individually; but if the words are not incorporated into our lives, they give us no abiding strength. As the priests ate the bread prepared the Sabbath before, they assimilated it and thus received strength for daily duties.

12) What did Peter call those who were mature in the faith?

**1 Peter 2:5** Ye also, as lively stones, are built up a spiritual house, an holy \_\_\_\_\_, to offer up spiritual sacrifices, acceptable to God by Jesus Christ.

Here is the secret of true Christian living. Eternal life does not come to the soul through forms and ceremonies. They are all right in their place; but eternal life results from feeding upon the true bread which comes from the presence of God,— God’s Holy Word, the blessed Bible.

***Can you see that the Showbread represents Jesus as the Bread of Life?*** \_\_\_\_\_

***Are you interested in partaking of His blessings?*** \_\_\_\_\_

***Will you now ask Him to help you assimilate His teachings into your life?*** \_\_\_\_\_